



# Guidelines: Mental Health Response



## It is always helpful to:

- Refer student to the appropriate staff member.
- Describe in specific terms what you have observed.
- Be cautious and sensitive in speaking with parents.
- Notify school administration and follow established guidelines.

## If student has already harmed self/others:

- Make sure that 911 and the parent/guardian are called.
- Notify school administration and follow established guidelines.

## When there is no threat of harm to self/others:

Meet with parent/guardian and describe in neutral, specific terms what the “red flags” are. ***Do not label or diagnose.*** Simply list behaviors. Provide a parent support pamphlet. See school guidelines for more information.

## If student threatens harm to self/others:

Make sure the parent/guardian is called. The contact person should explain that to ensure the youth’s safety, it is essential for a mental health professional to assess the level of risk.

### Where the student should receive care:

- Determine if student has a mental health provider. If so, have the parent contact provider immediately. If a Release of Information form was signed, then school personnel may contact the provider.
- If there is no mental health provider, refer parent to Rescue Mental Health Services or the nearest emergency room.

Release student to the parent and document what was recommended, and what action the parent was planning to take. Tell the parent/guardian you would like to discuss the child’s status when it has stabilized to ensure that the child will be safe in returning to school.

[SEE BACK FOR MENTAL HEALTH SERVICES INFORMATION](#)

# Mental Health Care Providers Serving Youth

## **Catholic Charities**

1933 Spielbusch Ave.  
Toledo, Ohio 43624  
Phone: 419-244-6711  
Fax: 419-244-4860  
[www.catholiccharitiesnwo.org](http://www.catholiccharitiesnwo.org)

## **Connecting Point**

1212 Cherry St.  
Toledo, Ohio 43608  
Phone: 419-243-6326  
Fax: 419-243-6346  
[www.connectingpoint.org](http://www.connectingpoint.org)

## **Family Service of NW Ohio**

One Stranahan Square, Suite 414  
Toledo, Ohio 43604  
Phone: 419-244-5511  
Fax: 419-321-6459

## **Harbor Behavioral Healthcare**

4334 Secor Road  
Toledo, Ohio 43623  
Phone: 419-475-4449  
Fax: 419-479-3230  
[www.harbor.org](http://www.harbor.org)

## **Lutheran Social Services of NW Ohio**

2149 Collingwood Blvd.  
Toledo, Ohio 43620  
Phone: 419-243-9178  
Fax: 419-243-4450

## **Medical College of Ohio (MCO)**

3000 Arlington Ave.  
Toledo, Ohio 43614  
Phone: 419-383-4000  
Fax: 419-383-3031  
[www.mco.edu](http://www.mco.edu)

## **Rescue Mental Health Services**

3350 Collingwood Blvd.  
Toledo, Ohio 43610  
Phone: 419-255-9585  
Fax: 419-255-2801

## **Unison Behavioral Health Group**

544 E. Woodruff Ave.  
Toledo, Ohio 43624  
Phone: 419-242-9577  
Fax: 419-321-6913

## **More Info = More Support**

For more information, call  
**419-213-4600** or visit the  
Lucas County Mental  
Health Board Web site:

**[www.lucascountymhb.org](http://www.lucascountymhb.org)**

The National Alliance for  
the Mentally Ill (NAMI) of  
Greater Toledo is a great  
resource for families and  
educators. For information,  
call **419-243-1119** or visit  
the NAMI Web site:

**[www.namitoledo.org](http://www.namitoledo.org)**

